LEVEL 2—Anxiety—Child Age 11–17*

* PROMIS Emotional Distress—Anxiety—Pediatric Item Bank

Sev: ☐ Male ☐ Female

Date:

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Name:

Instructions to the child: On the DSM-5 Level 1 cross-cutting questionnaire that you just completed, you indicated that during the past 2 weeks you have been bothered by "feeling nervous, anxious, or scared", "not being able to stop worrying" and/or "not being able to do things you wanted to or should have done because they made you feel nervous" at a mild or greater level of severity. The questions below ask about these feelings in more detail and especially how often you have been bothered by a list of symptoms during the past 7 days. Please respond to each item by marking (or x) one box per row.

							Clinician Use	
In the past SEVEN (7) DAYS								
		Never	Almost Never	Sometimes	Often	Almost Always		
1.	I felt like something awful might happen.	1	□ 2	3	4	 5		
2.	I felt nervous.	1	□ 2	3	4	 5		
3.	I felt scared.	1	□ 2	3	4	 5		
4.	I felt worried.	1	□ 2	3	4	 5		
5.	I worried about what could happen to me.	1	□ 2	3	4	 5		
6.	I worried when I went to bed at night.	1	□ 2	3	4	 5		
7.	I got scared really easy.	1	□ 2	3	4	 5		
8.	I was afraid of going to school.	1	□ 2	3	4	 5		
9.	I was worried I might die.	1	□ 2	3	4	 5		
10.	I woke up at night scared.	1	□ 2	3	4	 5		
11.	I worried when I was at home.	1	□ 2	3	4	 5		
12.	I worried when I was away from home.	1	□ 2	3	4	 5		
13.	It was hard for me to relax.	1	□ 2	3	4	 5		
Total/Partial Raw Score:								
Prorated Total Raw Score:								
T-Score:								

The PROMIS measure was developed for and can be used with children ages 8-17 but was tested in children ages 11–17 in the DSM-5 Field Trials.

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